

Aprylle Gilbert's
Coast to Coast
Run for
Disadvantaged
Kids

## From the Mountains to the Prairie for Charity!

San Francisco Bay area singer/songwriter Aprylle Gilbert reaches Nebraska, the halfway point of her coast to coast run for charity

## Coast-to-Coast for Kids

Press Release: July 7, 2015

Nebraska Border – When Gilbert crossed the Colorado border into Nebraska today, her charity run brought her nearly half-way across the continental United States with 2,011 miles to go. 1,982 miles since she began running on April 28, 2015 (1,641 of these miles run on Route 6), Gilbert turns her sights to America's Heartland. Later this summer, when her run ends in Massachusetts, she will be the first person to run Route 6 from coast to coast.

Gilbert ran 341 miles to reach the western end of Route 6 in Long Beach, CA. The run south along the coast from San Jose was familiar territory for this San Francisco Bay Area endurance runner. When she left Long Beach on May 11, Route 6 stretched before her—a 3,652-mile pathway into the great unknown.

Ask Gilbert to describe the hardest part of her journey so far and she hesitates. Should she mention swarms of hungry flies and mosquitoes in Nevada, blistered and bleeding feet in Utah, torrential rain, hail and flooded roads in Colorado, or 103 degree heat? Finally she admits that her biggest challenge was the two days it took her to cross 10,662 foot Vail Pass and 11,990 foot Loveland Pass in the Rockies.

Ask her about the rewards of running Route 6 and she answers instantly. "It's the wonderful, supportive people I've met along the way," she exclaims enthusiastically.

Gilbert is an extreme-distance runner, musician, and author. Her coast-to-coast charity run is in support of Washington United Youth Center in Santa Clara County, CA, a non-profit organization providing after-school programs for underserved kids.

## Support the cause. See what's happening. Join the conversation.



Aprylle Dawn: https://m.facebook.com/aprylle.gilbert?refsrc=https%3A%2F%2fwww.facebook.com%2Faprylle.gilbert&refid=9&\_rdr#\_=\_



https://twitter.com/AprylleGilbert



Washington United Youth Center: Donations can be made through www.crowdrise.com/
CoastToCoastForKids fundraiser/AprylleGilbert



Route 6 Tourist Association:
Donations can be made at
www.route6tour.com

This event is made possible by the encouragement, coordination, and sponsorship of the U.S. Route 6 Tourist Association whose staff have gone to extraordinary lengths to assist Gilbert in her journey with logistical, networking, and emotional support. A portion of the charitable contributions for this run will be donated to Route 6 Tourist Association to support this wonderful historic landmark.

Highlights



July 7, 2015, Gilbert pauses before crossing the border into Nebraska.



Gilbert with Cherrie Brown with great-grand-baby Callie Ann Tharp. Cherrie and Steve Brown are two of the many generous people who have supported Gilbert's run along Route 6.



Join Gilbert by becoming an active member of the U.S. Route 6 Tourist Association,
A not-for-profit IRS 501 (c) (3) "Public Charity" Fed. ID: 91-2136205

www.Aprylle.com - 1 - 408-607-1027